

## All-Comer's Meets

### Tuesday, July 1 Ages 1-12

Events (6 and under): 60 meter dash

Events (ages 7-12): 100, 400, and 800 meters

#### **Times to report to the Starting Line**

##### 100 Meter Dash

4:45 PM All 7 yr old girls and boys

5:00 PM All 8 yr old girls and boys

5:15 PM All 9 yr old girls and boys

5:30 PM All 10 yr old girls and boys

5:45 PM All 11 yr old girls and boys

6:00 PM All 12 yr old girls and boys

##### 60 Meter Dash

4:45 PM All 1 & 2 yr girls and boys

5:00 PM All 3 & 4 yr girls and boys

5:15 PM All 5 & 6 yr girls and boys

##### 400 Meters

Following 100/60m dashes. Earliest times:

6:15 PM All 7 & 8 yr girls and boys

6:30 PM All 9 & 10 yr girls and boys

6:45 PM All 11 & 12 yr girls and boys

##### 800 Meters

Following 400m races. Earliest times:

7:30 PM All 7-12 yr girls and boys

- Demonstrations of racing wheelchairs and rollers will be on the south turn of the track during the meet.

### Wednesday, July 2 Ages 13 and up

Events: 100 meter dash, 400 meters,

and Joggers' Mile

#### **Times to report to the Starting Line**

##### 100 Meter Dash

4:30 PM All 13-18 yr old females & males

4:50 PM All others. Heats formed by age groups.

##### 400 Meters

5:30 PM All 13-18 yr old females & males

5:45 PM All others. Heats formed by age groups.

Age Groups: 13-14, 15-16, 17-18, Open (19-29), Sub-Masters (30-39), Masters (5 yr. divisions starting at age 40)

##### Joggers' Mile

6:50 PM All participants. Heats will be formed by anticipated finish times.

- There will be an adapted Track & Field clinic hosted by World Wheelchair Sports on the SE corner of the track, concurrent with the meet.

## Youth Track & Field Clinic

### Tuesday, July 1 5:00-9:00 PM

Join Olympic Legends Carl Lewis, Bruce Jenner and Rafer Johnson for hands-on lessons at the Youth Track & Field Clinic located behind the south grandstands (look for the green balloons).

Clinic events include sprints, hurdles, long jump, high jump, turbo javelin, shot put and adapted shot put.

The clinic is part of Eugene '08 Youth Day presented by Hershey's Track & Field Games. For more information on Hershey's Track & Field Games visit [www.hersheystrackandfield.com](http://www.hersheystrackandfield.com).

An autograph session with these Olympic Legends will be held from 7:00-8:00 PM at the clinic.

- Adaptive athletes welcomed to participate in all events.
- No participants or spectators will be allowed on the track infield.
- The All-Comer's Meet is using a rolling schedule. "Report to Start" times may be adjusted from the printed schedule. Listen to PA announcements for most accurate times.
- Spectators are encouraged to watch from the east grandstands (west grandstands closed).
- Thanks to Oregon Track Club, Emerald Valley Track Club, Track City Track Club, 2 Rivers Track Club, World Wheelchair Sports, City of Eugene, Hershey's and Nike!